



RACE WALK EVENTS POLICY

Definition

Race walking is a progression of steps so taken that the walker makes contact with the ground, so that no visible (to the human eye) loss of contact occurs.

The advancing leg shall be straightened (i.e. not bent at the knee) from the moment of first contact with the ground until the vertical upright position.

Note: The advancing foot of the walker must make contact with the ground before the rear foot leaves the ground.

In association with the rules for race walking outlined in the SALAA officials guide, GGLAC has implemented the following policy in relation to all events held at home meets. This policy has been developed to ensure fairness and equity for all athletes.

Judging of the event

A minimum of 3 suitably qualified judges will be required.

Suitably qualified judges must have a level one qualification and be competent in judging race walking. These judges will be identified by official's vest and paddles and they will be positioned on the track during race walk events.

If 3 suitably qualified officials are not available, the event may be changed at the committee's discretion.

Review

This policy will be reviewed annually by the committee.

Policy developed: Jul 2016

Policy last reviewed without change: Sep 2017

Reviewed without change Oct 2018

Reviewed without change Oct 2019

Date for next review: Oct 2020