

GOLDEN GROVE LITTLE ATHLETICS CENTRE

2016/2017 CENTRE HONOUR ROLL

Centre Captains

Boys Centre Captain
Girls Centre Captain

Benjamin Ridley
Mackenzie Wegener

Centre Champions

Senior Girls	Club Champion Runner Up	Gemma Greenwood Hayley Goode
Senior Boys	Club Champion Runner Up	Jayden Goode Tom Hams
Intermediate Girls	Club Champion Runner Up	Chelsea Friedrich Bronwyn Boal
Intermediate Boys	Club Champion Runner Up	Tyler Edwards Aiden Edwards
Junior Girls	Club Champion Runner Up	Chloe Boal Alicia Jones
Junior Boys	Club Champion Runner Up	Cooper Ashford Dane Wood

Presidents Trophy

Jack Gillingham

2016/2017 CENTRE HONOUR ROLL

2017 State Team Representation

The 2017 Australian Little Athletics Championships are to be held over the weekend of 22/23 April at Sydney Olympic Park, Sydney, NSW

Under 13 Aleisha Coolen

Lauren A Smith

Under 15 Hayley Goode

GGLAC was proud to support these athletes as representatives of South Australia at the National Championships.

GGLAC provides financial support for our athletes to attend national based little athletics events when representing South Australia. For more information please speak to a member of the Committee. All applications must be in writing and addressed to the Committee.

Age Group Most Improved

Age Group

Under 6

Under 7

Under 8

Under 9

Under 10

Under 11

Under 12

Under 13

Under 14

Under 15 Girls

Under 15-17 Boys

Under 16-17 Girls

Boys

Cooper Ashford

William Pearn

Alexander Evans

Aiden Edwards

Ben Spillane

Tyler Edwards

Cooper Wegener

Alastair Thorpe

James Upton

Jayden Goode

Girls

Danica Dinevski

Isabella Lionello

Isabella Kluge

Lorcyn Murdey-Green

Ella Nangle

Chelsea Friedrich

Amber Blakeley

Abbie Stribling

Riley Upton

Hayley Goode

Jaimee Lake

2016/2017 CENTRE HONOUR ROLL

State Individual Championships

GOLD MEDALLISTS

Under 9 Boys	Isaac Riddle	70m, 100m, Long Jump
Under 11 Girls	Michaela Coolen	Shot Put
Under 11 Girls	Chelsea Friedrich	Triple Jump
Under 11 Boys	Liam Jones	High Jump
Under 12 Girls	Amelie Borg	Discus, Javelin Shot Put (SBP)
Under 12 Boys	Harry Kowal	Triple Jump
Under 12 Boys	Cooper Wegener	60m Hurdles, Long Jump
Under 12 Boys	Joel Woodberry	100m, 200m
Under 13 Girls	Aleisha Coolen	80m Hurdles, 200m Hurdles (SBP)
Under 13 Girls	Lauren A Smith	Discus, Shot Put
Under 14 Girls	Tamsyn Murdoch	200m, 80m Hurdles, 200m Hurdles (SBP)
Under 15 Girls	Emilaya Ellis	100m, 200m, Long Jump, Triple Jump
Under 15 Girls	Gemma Greenwood	800m, 1500m
Under 16 Girls	Jessica Mills	Discus, Shot Put
Under 16 Boys	Jayden Goode	Long Jump
Under 16 Boys	Christian Thiry	Javelin, Shot Put
Under 17 Boys	Benjamin Ridley	Triple Jump

SILVER MEDALLISTS

Under 11 Girls	Chelsea Friedrich	High Jump, Long Jump
Under 11 Boys	Tyson Hartmann	Discus
Under 12 Boys	Harry Kowal	60m Hurdles, Long Jump
Under 13 Boys	Jake Creasey	1500m
Under 14 Girls	Tamsyn Murdoch	Long Jump, Triple Jump
Under 15 Girls	Hayley Goode	200m, 1500m Walk
Under 15 Girls	Taylah Spackman	Triple Jump
Under 16 Boys	Jayden Goode	1500m Walk, High Jump, Triple Jump
Under 16 Boys	Christian Thiry	Discus
Under 17 Girls	Chloe Inglis	Triple Jump
Under 17 Boys	Tom Hams	Discus, Javelin
Under 17 Boys	Thomas Porteous-Hurst	100m
Under 17 Boys	Benjamin Ridley	200m, Long Jump

2016/2017 CENTRE HONOUR ROLL

State Individual Championships (cont)

BRONZE MEDALLISTS

Under 12 Boys	Joshua Riceman	1500m Walk
Under 12 Boys	Cooper Wegener	100m
Under 13 Girls	Aleisha Coolen	Long Jump
Under 15 Girls	Hayley Goode	Triple Jump
Under 15 Girls	Brooke Nangle	1500m Walk
Under 15 Girls	Taylah Spackman	100m
Under 16 Girls	Jaimee Lake	Javelin
Under 16 Boys	Jayden Goode	300m Hurdles
Under 16 Boys	Christian Thiry	100m Hurdles
Under 17 Boys	Tom Hams	Shot Put
Under 17 Boys	Thomas Porteous-Hurst	200m
Under 17 Boys	Benjamin Ridley	100m

State Challenge

GOLD MEDALLISTS

Under 9 Boys	Ajay Visnyai	70m
Under 10 Boys	Mathew Leray	Discus
Under 10 Girls	Ella Nangle	Long Jump
Under 12 Girls	Ruby Schellhase	Discus
Under 13 Girls	Abbie Stribling	100m, 200m, Discus, Shot Put

SILVER MEDALLISTS

Under 9 Boys	Ajay Visnyai	200m
Under 12 Girls	Ruby Schellhase	200m
Under 13 Girls	Abbie Stribling	Long Jump
Under 13 Girls	Isabeau Zakarias-McArdle	Triple Jump

BRONZE MEDALLISTS

Under 10 Girls	Ava Field	400m
Under 10 Girls	Ella Nangle	100m
Under 11 Boys	Tyler Edwards	100m
Under 12 Girls	Ruby Schellhase	400m, 800m
Under 13 Girls	Alora Zakarias-McArdle	800m
Under 13 Girls	Isabeau Zakarias-McArdle	200m

2016/2017 CENTRE HONOUR ROLL

Multi Event Championships

GOLD MEDALLISTS

Under 12 Boys	Cooper Wegener	1513 points
Under 14 Girls	Tamsyn Murdoch	1831 points

SILVER MEDALLISTS

Under 16 Boys	Jayden Goode	3589 points
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BRONZE MEDALLISTS

Under 13 Girls	Aleisha Coolen	1284 points
Under 15 Girls	Hayley Goode	2809 points

Northern Improvers Championships

GOLD MEDALLISTS

Under 9 Girls	Lorcyn Murdey-Green	100m
Under 10 Girls	Ella Nangle	70m, 200m, Discus, Long Jump
Under 10 Boys	Matthew Leray	High Jump
Under 11 Boys	Liam Jones	60m Hurdles
Under 12 Girls	Lara Ellis	100m, 200m, High Jump, Triple Jump
Under 13 Girls	Abbie Stribling	Triple Jump

SILVER MEDALLISTS

Under 9 Girls	Lorcyn Murdey-Green	60m Hurdles, Discus, High Jump
Under 9 Boys	Adam Burnett	200m
Under 11 Boys	Liam Jones	100m, Long Jump
Under 11 Boys	Jake Stribling	800m
Under 12 Girls	Breanna Fairbanks	Triple Jump
Under 12 Boys	Joshua Riceman	400m, 800m
Under 13 Girls	Abbie Stribling	200m, 60m Hurdles
Under 13 Girls	Alora Zakarias-McArdle	Javelin

BRONZE MEDALLISTS

Under 9 Boys	Oliver Ward	200m, Discus
Under 10 Girls	Emily Stribling	Discus
Under 10 Boys	Matthew Leray	400m
Under 11 Boys	Jake Stribling	Javelin
Under 12 Girls	Breanna Fairbanks	200m, Discus
Under 13 Girls	Abbie Stribling	Shot Put

2016/2017 CENTRE HONOUR ROLL

Health Partners State Relay Championships

GOLD MEDALLISTS

Under 11 Girls

Michaela Coolen

Under 12 Girls

Ashlyn Andrews

Under 12 Boys

Wil Carter

Under 12 Boys

Harry Kowal

Under 15 Girls

Emilaya Ellis

Under 17 Girls

Gemma Greenwood

Under 17 Boys

Jayden Goode

MUMS

Kellie Field

Field

Chelsea Friedrich

4 x 200m

Amelie Borg

4 x 100m

Harry Kowal

4 x 200m

Liam Samwell

4 x 100m

Hayley Goode

4 x 100m

Anna Grigoriev

4 x 200m

Thomas Hams

4 x 100m

Kerry Goode

Lara Ellis

Cooper Wegener

Cooper Wegener

4 x 200m

Taylah Spackman

4 x 200m

Daniela Krzystoszek

Thomas Porteous-Hurst

Rebecca Riddle

Ruby Schellhase

Joel Woodberry

Joel Woodberry

Mackenzie Wegener

Brooke Nangle

Benjamin Ridley

Sarah Thornton

SILVER MEDALLISTS

Under 9 Boys

Owen Inglis

Under 14 Boys

Jack Gillingham

Under 17 Boys

Jayden Goode

4 x 100m

Isaac Riddle

Field

Lachlan Wilson

4 x 100m

Thomas Hams

Austin Smart

(Reynella LAC)

Thomas Porteous-Hurst

Ajay Visnyai

Benjamin Ridley

BRONZE MEDALLISTS

Under 9 Boys

Adam Barnett

Under 12 Girls

Ashlyn Andrews

Under 13 Girls

Mackenzzy Borgas

Under 14 Boys

Lachlan Browne

Under 16 Boys

Christian Thiry

4 x 200m

Isaac Riddle

4 x 200m

Amelie Borg

4 x 100m

Aleisha Coolen

4 x 200m

Jared Gilliam

Field

James West

Austin Smart

Lara Ellis

Alora Zakarias-McArdle

Ben Povey

Ajay Visnyai

Ruby Schellhase

Abbie Stribling

James Upton

2016/2017 CENTRE HONOUR ROLL

2017 Cross Country Championships

NOT YET HELD

For updated news, information and events visit our website:

www.gglac.org.au