



RELAY TEAM SELECTION POLICY

Registration Cut-Off

All eligible athletes must be registered by the date specified by Little Athletics SA (SALAA).

Team Composition

The Team composition is constrained by SALAA event specific rules. These include, but are not limited to;

- The track relay team must be filled before the field relay team.
- An athlete may compete in a maximum of 3 events comprising of:
 - Two track events and one field event; or
 - One track event and two field events.
- An athlete may only compete in 3 events once all other competing athletes in their age group have been selected for a minimum of 2 events.
- The field relay team may consist of a maximum of four athletes (one athlete per event) and a minimum of two athletes (two events per athlete).

Team Selection

Athletes are required to nominate for selection in the relay day teams via the relay day nomination form (see attached) included in the registration pack. To be eligible for selection this form must be returned by the designated date. Athletes and families will be reminded of this date at the morning address at home meets.

By nominating for selection athletes are committing to making themselves available for relay day and scheduled training sessions. Athletes are to inform the Committee **AS SOON AS POSSIBLE** if their availability changes and they are unable to compete at the championships.

Team selection is performed by the GGLAC Committee. Factors that impact team selection include the availability of athletes, athlete performance and the track relay taking precedent over the field relay. Athlete performance ranking is derived from performances in the relevant event during the course of the current season.

It is acknowledged that in some age groups the number of available athletes may be small and the discretion of the Committee may be applied. The Committee makes every effort to ensure that as many available athletes as possible have the opportunity to compete at State Relay Day.

Team Managers

Each relay team will be required to have a Team Manager to be able to compete at relay day. Team Managers will usually be a parent of a competing athlete. The Team Manager will likely manage multiple events on the day (ie. U/10 Boys 4x100m, 4x200m and Field Relay).

The Team Manager's responsibility will include being the main contact person for the respective teams they manage should any team changes occur leading up to and on the Relay Day.

We recommend that Team Manager's set up a clear method of communication within their team (e.g. messenger app, text mobile phone number).

Team Managers will also be responsible for communicating with the Relay Day Coordinator should any changes occur in their team.

Athlete Responsibility

By nominating for selection athletes are committing to making themselves available for relay day and scheduled training sessions. Athletes are to inform their Team Manager **AS SOON AS POSSIBLE** if their availability changes and they are unable to compete at the championships.

Review

This policy will be reviewed annually by the Committee.

Policy developed: Jul 2015

Policy reviewed with changes: Aug 2016, Aug 2017, Aug 2018, Sept 2019, Sep 2020, Sep 2021, Sep 2022, Sept 2023

Date for next review: Sep 2024



Nomination form for SA Power Networks State Relay Championships(U8-U17) and Mums & Dads Sunday 18th Dec 2022 at SA Athletics Stadium

Please consider your availability on the date of the championship before nominating for selection.

Once you have been selected for a team, you are committing to attending scheduled training sessions and the event.

Late withdrawals can impact on the whole relay team and may mean that other athletes miss out on the opportunity to compete. Please communicate with your Team Manager As Soon As Possible if your availability changes and you are unable to compete at the championships.

The Team composition is constrained by SALAA event specific rules, see www.salaa.org.au. These include but are not limited to;

- The track relay team must be filled before the field relay team
- An athlete may compete in a maximum of 3 events comprising of:
 - Two track events and one field event; or
 - One track event and two field events
- An athlete may only compete in 3 events once all other competing athletes in their age group have been selected for 2 events
- The field relay team may consist of a maximum of four athletes (one athlete per event) and a minimum of two athletes (two events per athlete)

Teams are selected by the GGLAC Committee. Factors that impact team selection include the availability of athletes, athlete's personal best time in the current season and that the track relay takes precedence over the field relay. Athlete performance ranking is derived from performances in the relevant event during the current season.

The Committee makes every effort to ensure that as many available athletes as possible have the opportunity to compete at State Relay Championships. It is acknowledged that in some age groups the number of available athletes may be small or large and as a result athletes may be placed in a medley team or a different age group (where permitted by the SALAA rules).

The decision of the Committee is final.

Please return this section as soon as possible and no later than home meet #4 (Sat 29 Oct)

Athlete's Name _____ Rego No. _____

Age Group Under _____ Boy / Girl *(please circle)*

Athlete's Name _____ Rego No. _____

Age Group Under _____ Boy / Girl *(please circle)*

My child will be available to compete at State Relay Championships to be held at Athletics SA stadium on
Sunday 18th Dec 2022 Yes / No *(please circle)*

I _____ *(Name of Parent/Guardian)* will accompany the athlete
and fulfil any parent allocation for which I am rostered on the day.

I am/am not *(please circle)* willing to nominate as team manager for the age group above

Signature of parent/guardian _____

Mobile number _____

Email address _____