

GOLDEN GROVE LITTLE ATHLETICS CENTRE

TILLEY RESERVE, Hancock Road Surrey Downs.



Program 9	1	2	3	4	5	6 (5a)	6a
Tiny Tots	70						
U/6 G	70	DIS 3	LONG 1	100	SHOT 4		
U/6 B	70	SHOT 4	DIS 3	100	LONG 1		
U/7 G	70	LONG 2	100	VORTEX	DIS 3		
U/7 B	70	VORTEX	100	DIS 3	LONG 2		
U/8 G	LONG 1	70	VORTEX	100	SHOT 3		
U/8 B	SHOT 3	70	LONG 2	100	VORTEX		
U/9 G	LONG 2	70	DIS 1	400	HIGH JUMP 3		100
U/9 B	SHOT 2	70	HIGH JUMP 3		400	DIS 2	100
U/10 G	SHOT 1	70	LONG 3	400	DIS 1	100	
U/10 B	DIS 2	70	LONG 4	400	SHOT 2	100	
U/11 G	HIGH JUMP 1		200	SHOT 2	100	LONG 1	800
U/11 B	HIGH JUMP 2		200	SHOT 1	100	LONG 2	800
U/12 G	LONG 3	100	SHOT 2	200	HIGH JUMP 1		800
U/12 B	LONG 4	100	SHOT1	200	HIGH JUMP 2		800
U/13 G	DIS 1	200(H)	HIGH JUMP 1		100	SHOT 2	800
U/13 B	JAVELIN	200(H)	HIGH JUMP 2		100	SHOT1	800
U/14 G	200(H)	JAVELIN	100	DIS 1	800	LONG 4	
U/14 B	200(H)	SHOT 1	100	LONG 4	800	JAVELIN	
U/15-17 G	300(H)	DIS 1	100	JAVELIN	800	LONG 3	
U/15-17 B	300(H)	SHOT 2	100	LONG 3	800	DIS 1	

HOME MEET #6 - 20th Nov 2021 (Combined with Salisbury LAC)