

# Meet Rules - Northern Regional Games

1. This meet is available to all Little Athletes registered with a Member Centre or Guest Centre of the Northern Region, from Tiny Tots to Under 17s. There are no qualifying restrictions.
2. Athletes will need to nominate to attend.
3. Athletes will have a set, timetabled, programme of events to complete.
4. Athletes must marshal at each event 10 minutes prior to the scheduled start time, unless their previous event is still underway.
5. Changes may be made to the programme later in the day, if events are running ahead of schedule. Please listen for announcements.
6. Practice jumps and throws will not be allowed.
7. Each Centre will supply one person for each age group, to record their athletes results.
8. Those parents and guardians who are not recording, will be needed by their Centre to help run their Centre's assigned event/s.
9. This is a friendly meet. As such no protests will be taken.
10. A trophy will be awarded to the Centre with the highest percentage of its registered members in attendance. To facilitate this all Centres need to report attendance numbers to a designated person, as early in the meet as is practical.