



Program 3	1	2	3	4	5	6	6a
Tiny Tots	100 (pack)						
U/6 B	60H	DIS 3	300	SHOT 3	LONG 1	50	
U/6-7 G	60H	VORTEX	300/500	LONG 2	DIS 3	50	
U/7 B	60H	LONG 2	500	VORTEX	SHOT 4	50	
U/8 G	LONG 1	60H	700	DIS 2	SHOT 2	70	
U/8 B	SHOT 2	60H	700	HIGH JUMP 3		70	DIS 2
U/9 G	DIS 2	60H	LONG 1	800	TURBO	70	
U/9 B	TURBO	60H	DIS 2	800	LONG 2	70	
U/10 G	DIS 1	60H	TURBO	800	70	HIGH JUMP 3	
U/10 B	HIGH JUMP 3		60H	DIS 1	800	SHOT 1	70
U/11 G	400	LONG 4	80H	HIGH JUMP 1		1500	SHOT 2
U/11 B	400	JAVELIN	80H	HIGH JUMP 2		1500	LONG 3
U/12 G	400	HIGH JUMP 1		80H	LONG 3	1500	JAVELIN
U/12 B	400	HIGH JUMP 2		80H	DIS 2	1500	LONG 4
U/13-14 G	TJ 3	400	DIS1	80H	SHOT 1	1500	
U/13 B	TJ 4	400	SHOT 2	80H	DIS 1	1500	
U/14-17 B	JAVELIN	400	SHOT 1	HURDLES	TJ 4	1500	
U/15-17 G	SHOT 1	400	LONG 4	90/100H	JAVELIN	1500	