

GOLDEN GROVE LITTLE ATHLETICS CENTRE

CENTRE RECORDS

As at 1 May 2021

Under 6 Girls

50m	9.9 sec	09/10/2010	Amelie Borg
70m	13.1 sec	26/02/2011	Amelie Borg
100m	19.0 sec	19/03/2011	Amelie Borg
200m	41.3 sec	23/01/1994	Rebecca Philby
300m	1 min 14.1 sec	24/02/2018	Jade Jarman
Shot Put 1kg	5.25 m	09/01/2011	Amelie Borg
Discus 350g	10.76 m	12/03/1994	Rebecca Philby
Long Jump	2.78 m	12/03/1994	Rebecca Philby

Under 7 Girls

50m	8.7 sec	08/03/2014	Zoe Palmer
70m	11.8 sec	13/03/1999	Georgia Macri
100m	16.9 sec	01/03/2014	Zoe Palmer
200m	37.5 sec	01/03/2014	Zoe Palmer
500m	1 min 59.9 sec	15/02/2014	Zoe Palmer
Shot Put 1kg	6.00 m	20/03/2011	Lauren A Smith
Discus 350g	15.50 m	26/03/2011	Lauren A Smith
Long Jump	3.07 m	09/03/1996	Tamara Jedrzejczak

Under 8 Girls

70m	11.1 sec	15/11/2014	Zoe Palmer
100m	15.9 sec	09/02/2003	Carly Martin
200m	35.9 sec	01/02/1998	Caitlyn Inman
700m	2 min 48.0 sec	23/10/2010	Tamsyn Murdoch
60m Hurdles (45cm)	11.8 sec	14/03/2015	Zoe Palmer
Long Jump	3.40 m	07/03/1998	Caitlyn Inman
High Jump (scissor)	1.10 m	14/12/1996	Tamara Jedrzejczak
Discus 500g	16.42 m	11/02/2012	Lauren A Smith
Shot Put 1.5kg	6.00 m	18/03/2012	Lauren A Smith

Under 9 Girls

70m	10.8 sec	14/02/2004	Carly Martin
		29/11/2015	Zoe Palmer
100m	15.0 sec	12/12/2015	Zoe Palmer
200m	32.0 sec	27/02/2016	Zoe Palmer
400m	1 min 13.8 sec	19/03/2016	Zoe Palmer
800m	3 min 02.9 sec	16/01/2016	Zoe Palmer
700m Walk	4 min 25.0 sec	25/03/2001	Ellen Mills
60m Hurdles (45cm)	10.4 sec	13/03/2004	Carly Martin
Long Jump	4.09 m	19/03/2016	Zoe Palmer
High Jump (scissor)	1.09 m	06/02/2016	Zoe Palmer
Discus 500g	19.69 m	09/03/2013	Lauren A Smith
Shot Put 2kg	7.02 m	09/02/2013	Lauren A Smith

Centre Records

Under 10 Girls

70m	10.5 sec	22/03/1998	Nicole Wood
100m	14.6 sec	02/04/2011	Rebecca Magro
200m	31.7 sec	27/03/1994	Lauren Foote
400m	1 min 11.9 sec	26/03/1994	Lauren Foote
800m	2 min 47.7 sec	27/03/1994	Lauren Foote
1100m Walk	6 min 46.6 sec	16/03/2002	Ellen Mills
60m Hurdles (60cm)	11.3 sec	24/03/2013	Tamsyn Murdoch
Long Jump	4.04 m	06/02/2016	Chelsea Friedrich
High Jump (scissor)	1.15 m	05/11/2016	Bronwyn Boal
Discus 500g	34.10 m	29/03/2015	Amelie Borg
Shot Put 2kg	9.71 m	22/03/2015	Amelie Borg

Under 11 Girls

100m	14.1 sec	13/03/2004	Annalise Ferraro
200m	29.5 sec	28/03/2004	Annalise Ferraro
400m	1 min 09.1 sec	02/04/1995	Lauren Foote
800m	2 min 35.0 sec	01/03/2007	Kimberley Butler
1500m	5 min 33.9 sec	21/03/2009	Stephanie Pope
1100m walk	6 min 07.1 sec	19/03/2016	Bridget Grant
80m Hurdles (60cm)	16.00 sec	16/03/2020	Alannah Wasylkiw
Long Jump	4.36 m	19/03/2017	Chelsea Friedrich
Triple Jump	9.33 m	18/03/2017	Chelsea Friedrich
High Jump (Fosbury)	1.50 m	18/03/2017	Chelsea Friedrich
Discus 500g	25.84 m	19/02/2021	Matilda Flynn
Shot Put 2kg	11.33 m	19/03/2016	Amelie Borg
Javelin 400g	20.28 m	19/03/2005	Amie Blanden

Under 12 Girls

100m	13.3 sec	23/03/2013	Rebecca Magro
200m	28.8 sec	01/04/2008	Kimberley Butler
400m	1 min 05.7 sec	28/03/2004	Georgia Macri
800m	2 min 33.0 sec	01/04/2008	Kimberley Butler
1500m	5 min 40.3 sec	07/03/2015	Tamsyn Murdoch
1500m walk	8 min 42.1 sec	22/03/2014	Hayley Goode
80m Hurdles (68cm)	16.64 sec	08/11/2020	Alannah Wasylkiw
Long Jump	4.71 m	17/03/2018	Chelsea Friedrich
Triple Jump	10.78 m	24/03/2018	Chelsea Friedrich
High Jump (Fosbury)	1.66 m	24/03/2018	Chelsea Friedrich
Discus 750g	37.48 m	28/01/2017	Amelie Borg
Shot Put 2kg	13.50 m	19/03/2017	Amelie Borg
Javelin 400g	26.54 m	05/03/2006	Amie Blanden

Centre Records

Under 13 Girls

100m	12.7 sec	19/03/2005	Lauren Ciappina
200m	27.3 sec	23/03/1996	Sarah Ayling
		19/03/2005	Lauren Ciappina
400m	1 min 01.7 sec	15/03/1997	Lauren Foote
800m	2 min 28.2 sec	15/03/1997	Lauren Foote
1500m	5 min 30.1 sec	22/03/2014	Michaela Wright
1500m walk	7 min 52.9 sec	26/04/2015	Hayley Goode
80m Hurdles (76cm)	13.01 sec	22/04/2017	Aleisha Coolen
200m Hurdles (68cm)	29.66 sec	22/04/2017	Aleisha Coolen
Long Jump	4.85 m	22/03/2014	Rebecca Magro
Triple Jump	10.43 m	21/03/2009	Liana Wesselingh
High Jump (Fosbury)	1.64 m	26/04/1997	Lauren Foote
Discus 750g	41.70 m	11/02/2007	Zahlie Davies
Shot Put 3kg	12.44 m	25/03/2018	Amelie Borg
Javelin 400g	29.90 m	01/03/2007	Amie Blanden

Under 14 Girls

100m	12.7 sec	05/03/2006	Lauren Ciappina
200m	26.55 sec	19/03/2017	Tamsyn Murdoch
400m	1 min 02.1 sec	23/03/1998	Lauren Foote
800m	2 min 37.8 sec	05/03/2006	Ellen Mills
1500m	5 min 42.0 sec	28/03/2004	Donna Goodwin
1500m walk	8 min 06.1 sec	05/03/2006	Ellen Mills
80m Hurdles (76cm)	13.3 sec	21/03/2009	Carly Martin
200m Hurdles (76cm)	29.25 sec	18/03/2017	Tamsyn Murdoch
Long Jump	5.07 m	12/12/2015	Emilaya Ellis
Triple Jump	11.09 m	09/01/2016	Emilaya Ellis
High Jump (Fosbury)	1.67 m	13/10/2018	Chelsea Friedrich
Discus 1kg	40.27 m	01/04/2008	Zahlie Davies
Shot Put 3kg	11.02 m	11/02/2018	Lauren A Smith
Javelin 400g	35.75 m	14/01/2017	Talisha Skein

Under 15 Girls

100m	12.5 sec	22/03/1998	Sarah Ayling
200m	26.44 sec	19/03/2017	Emilaya Ellis
400m	59.3 sec	20/03/1999	Lauren Foote
800m	2 min 30.66 sec	29/04/2018	Tamsyn Murdoch
1500m	5 min 12.53 sec	18/03/2017	Gemma Greenwood
1500m walk	7 min 58.19 sec	17/03/2017	Hayley Goode
90m Hurdles (76cm)	13.8 sec	19/03/2005	Sheridan Seekamp
300m Hurdles (76cm)	47.91 sec	24/03/2018	Tamsyn Murdoch
Long Jump	5.22 m	19/03/2017	Emilaya Ellis
Triple Jump	11.75 m	18/03/2017	Emilaya Ellis
High Jump (Fosbury)	1.78 m	06/12/1998	Lauren Foote
Discus 1kg	39.19 m	10/01/2009	Zahlie Davies
Shot Put 3kg	10.75 m	11/02/2019	Lauren A Smith
Javelin 500g	40.11 m	25/03/2018	Talisha Skein

Centre Records

Under 16 Girls

100m	12.3 sec	01/03/2007	Lauren Edwards
200m	26.2 sec	05/03/2006	Melissa Leach
400m	1 min 00.1 sec	25/03/2000	Lauren Foote
800m	2 min 30.66sec	25/03/2018	Gemma Greenwood
1500m	5 min 11.27sec	24/03/2018	Gemma Greenwood
1500m walk	8 min 57.8 sec	05/03/2004	Amy Gentilcore
90m Hurdles (76cm)	14 0sec	25/03/2000	Lauren Foote
		01/03/2007	Lauren Edwards
300m Hurdles (76cm)	53.14 sec	24/03/2018	Gemma Greenwood
Long Jump	5.10 m	25/03/2000	Lauren Foote
Triple Jump	11.12 m	01/04/2008	Juwella Nganga
High Jump (Fosbury)	1.72 m	25/03/2000	Lauren Foote
Discus 1kg	37.62 m	11/11/2016	Jessica Mills
Shot Put 3kg	11.41 m	21/02/2010	Amie Blanden
Javelin 500g	26.54 m	03/12/2016	Daniela Krzystoszek

Under 17 Girls

100m	12.6 sec	16/12/2006	Melissa Leach
200m	26.8 sec	01/03/2007	Melissa Leach
400m	1 min 03.5 sec	07/11/2009	Jessica Strawbridge
800m	2 min 35.22 sec	12/11/2018	Gemma Greenwood
1500m	5 min 27.14 sec	25/03/2019	Gemma Greenwood
1500m walk	8 min 40.5 sec	21/03/2009	Ellen Mills
100m Hurdles (76cm)*	20.17 sec	20/02/2021	Lara Ellis
300m Hurdles (76cm)	53.89 sec	25/03/2019	Gemma Greenwood
Long Jump	5.05 m	23/03/2013	Liana Wesselingh
Triple Jump	11.06 m	17/11/2012	Liana Wesselingh
High Jump (Fosbury)	1.50 m	12/01/2013	Liana Wesselingh
Discus 1kg	33.05 m	03/02/2018	Jessica Mills
Shot Put 3kg	11.46 m	24/03/2013	Liana Wesselingh
Javelin 500g	28.51 m	14/02/2015	Keziah Skein

Under 6 Boys

50m	9.4 sec	20/11/2010	Cooper Wegener
70m	12.6 sec	13/02/2010	Cooper Wegener
		13/03/2021	Ryder Marks
100m	17.8 sec	19/03/2011	Cooper Wegener
200m	38.6 sec	01/02/1998	Bradden Inman
300m	1 min 08.1 sec	23/10/2010	Cooper Wegener
Long Jump	2.82 m	19/02/2011	Cooper Wegener
Shot Put 1kg	5.62 m	11/12/2010	Cooper Wegener
Discus 350g	16.4 m	12/02/1994	Joel Brettig

Centre Records

Under 7 Boys

50m	8.8 sec	17/11/2012	Tyler Craike
70m	11.8 sec	14/12/2002	Oliver Hewson
		22/02/2013	Tyler Craike
100m	16.3 sec	11/01/2003	Oliver Hewson
		22/02/2013	Tyler Craike
200m	34.6 sec	14/03/1999	Bradden Inman
500m	1 min 52.38 sec	25/02/2019	Flynn Kerslake
Long Jump	3.27 m	26/02/1999	Bradden Inman
Shot Put 1kg	6.97 m	09/03/2013	Tyler Craike
Discus 350g	18.66 m	15/02/2003	Oliver Hewson

Under 8 Boys

70m	10.8 sec	22/02/2013	Cooper Wegener
		21/10/2006	Isaac Hewson
100m	14.9 sec	09/11/2012	Cooper Wegener
200m	32.7 sec	13/10/2012	Isaac Smith
700m	2 min 38.0 sec	03/03/2018	Henry Riddle
60m Hurdles (45cm)	11.0 sec	18/01/2013	Cooper Wegener
		18/01/2013	Isaac Smith
Long Jump	3.93 m	22/02/2013	Isaac Smith
High Jump (scissor)	1.23 m	17/03/2013	Isaac Smith
Discus 500g	19.90 m	06/03/2004	Oliver Hewson
Shot Put 1.5kg	7.60 m	09/02/2013	Cooper Wegener

Under 9 Boys

70m	10.1 sec	25/03/2001	Bradden Inman
100m	14.2 sec	08/03/2014	Isaac Smith
200m	30.0 sec	25/03/2001	Bradden Inman
400m	1 min 09.2 sec	08/03/2014	Isaac Smith
800m	2 min 40.9 sec	24/03/2013	Kelsey Rypstra
700m Walk	4 min 07.5 sec	20/03/1999	Dale Gentilcore
60m Hurdles (45cm)	10.3 sec	08/03/2014	Isaac Smith
		22/03/2014	Cooper Wegener
Long Jump	4.45 m	08/03/2014	Isaac Smith
High Jump (scissor)	1.25 m	17/03/2018	Kelechi Ekwomadu
Discus 500g	23.20 m	27/02/2010	Lachlan Borg
Shot Put 2kg	8.03 m	15/02/2014	Cooper Wegener

Under 10 Boys

70m	9.54 sec	01/03/2019	Jacob Davies
100m	13.9 sec	21/03/2015	Isaac Smith
200m	29.1 sec	15/11/2014	Isaac Smith
400m	1 min 07.4 sec	22/03/2014	Kelsey Rypstra
800m	2 min 34.94 sec	24/02/2020	Hunter Fieldhouse
1100m walk	6 min 45.0 sec	25/03/2000	Dale Gentilcore
60m Hurdles (60cm)	10.4 sec	21/03/2015	Cooper Wegener
Long Jump	4.48 m	06/12/2014	Isaac Smith
High Jump (scissor)	1.26 m	10/02/2018	Isaac Riddle
Discus 500g	29.90 m	14/03/2015	Cooper Wegener
Shot Put 2kg	8.59 m	06/12/2014	Isaac Smith

Centre Records

Under 11 Boys

100m	13.4 sec	22/03/2003	Bradden Inman
200m	27.47 sec	25/03/2019	Jack Williams
400m	1 min 00.82 sec	25/03/2019	Jack Williams
800m	2 min 20.37 sec	25/03/2019	Jack Williams
1500m	5 min 01.4 sec	21/03/2015	Kelsey Rypstra
1100m walk	6 min 28.2 sec	22/03/2003	Rory Brokate
80m Hurdles (60cm)	13.66 sec	20/03/2021	Henry Riddle
Long Jump	4.78 m	25/03/2019	Jack Williams
Triple Jump	9.66 m	13/10/2018	Jack Williams
High Jump (flop)	1.52 m	17/03/2018	Indy Cotton
Discus 500g	25.50 m	07/03/2019	Henry Riddle
Shot Put 2 kg	10.07 m	20/03/2021	Hunter Fieldhouse
Javelin 400g	27.48 m	22/03/1998	Andrew Dix

Under 12 Boys

100m	12.9 sec	13/03/2004	Bradden Inman
200m	26.98 sec	18/03/2017	Joel Woodberry
400m	1 min 01.60 sec	16/03/2020	Jack Williams
800m	2 min 19.90 sec	24/02/2020	Jack Williams
1500m	5 min 00.50 sec	25/02/2020	Jack Williams
1500m walk	8 min 15.3 sec	23/03/2013	Jayden Goode
80m Hurdles (68cm)	13.56 sec	16/03/2020	Angelo Parisi
Long Jump	4.99 m	18/03/2017	Cooper Wegener
Triple Jump	10.25 m	07/03/2020	Isaac Riddle
High Jump (flop)	1.54 m	17/03/2018	Liam Jones
Discus 750g	31.10 m	01/12/2012	Lachlan Borg
Shot Put 2kg	10.22 m	07/03/2020	Cooper Fieldhouse
Javelin 400g	31.57 m	23/03/2013	Joshua Rogers

Under 13 Boys

100m	12.70 sec	07/02/2021	Isaac Riddle
200m	26.59 sec	20/03/2021	Isaac Riddle
400m	1 min 00.2 sec	24/03/2018	Liam Samwell
800m	2 min 07.08 sec	20/03/2021	Jack Williams
1500m	4 min 24.50 sec	20/03/2021	Jack Williams
1500m walk	7 min 27.8 sec	03/05/2014	Jayden Goode
80m Hurdles (76cm)	13.1 sec	01/04/2008	Aaron Dollman
200m Hurdles (68cm)	28.23 sec	24/03/2018	Harry Kowal
Long Jump	5.05 m	03/04/2011	Ashden Pratt
Triple Jump	10.94 m	30/01/2021	Isaac Riddle
High Jump (flop)	1.64 m	28/04/2018	Liam Samwell
Discus 750g	27.12 m	20/03/2021	Cooper Fieldhouse
Shot Put 3kg	12.41m	03/05/2014	Lachlan Borg
Javelin 600g	36.67 m	25/03/2000	Daniel Horsnell

Centre Records

Under 14 Boys

100m	12.15 sec	24/02/2020	Jean Marie
200m	25.5 sec	11/03/2007	Jordan Portlock
400m	57.9 sec	18/03/2007	Jordan Portlock
800m	2 min 10.2 sec	16/03/2002	Matthew Busbridge
1500m	4 min 33.2 sec	16/03/2002	Matthew Busbridge
1500m walk	7 min 16.2 sec	31/01/2015	Jayden Goode
90m Hurdles (76cm)	13.47 sec	21/03/2009	Aaron Dollman
200m Hurdles (76cm)	29.70 sec	05/11/2016	James Upton
Long Jump	5.53 m	24/02/2020	Jean Marie
Triple Jump	11.05 m	22/03/2014	Benjamin Ridley
High Jump (flop)	1.77 m	21/03/2009	Aaron Dollman
Discus 1kg	34.19 m	28/03/2004	Brendan Mcinerney
Shot Put 3kg	13.71 m	07/03/2015	Lachlan Borg
Javelin 600g	39.90 m	11/01/2003	Timothy Goodwin

Under 15 Boys

100m	11.8 sec	09/02/2008	Jordan Portlock
200m	24.04 sec	20/03/2021	Jean Marie
400m	55.86 sec	20/03/2021	Jean Marie
800m	2 min 13.0 sec	19/03/2016	Jayden Goode
1500m	4 min 45.36sec	24/03/2018	Ben Povey
1500m walk	6 min 54.7 sec	19/03/2016	Jayden Goode
100m Hurdles (76cm)	14.0 sec	21/02/2010	Aaron Dollman
300m Hurdles (76cm)	42.99 sec	25/03/2019	Harry Kowal
Long Jump	5.70 m	21/03/2015	Benjamin Ridley
Triple Jump	12.32 m	14/02/2015	Benjamin Ridley
High Jump (flop)	1.87 m	20/03/2010	Aaron Dollman
Discus 1kg	53.35 m	25/03/2001	Matthew Lowe
Shot Put 4kg	14.15 m	27/01/2001	Matthew Lowe
Javelin (700g)	36.64	16/03/2020	Liam Jones

Under 16 Boys

100m	11.7 sec	20/12/2009	Jordan Portlock
		20/02/2015	Harrison Hunt
200m	23.8 sec	21/03/2015	Harrison Hunt
400m	52.8 sec	21/03/2015	Harrison Hunt
800m	2 min 10.0 sec	18/03/2007	Cash Davies
1500m	4 min 42.9 sec	21/03/2015	Brayden Porter
1500m walk	6 min 58.46 sec	17/03/2017	Jayden Goode
100m Hurdles (76cm)	13.9 sec	05/03/2006	Kale Davies
300m Hurdles (76cm)	44.14 sec	18/03/2017	Jayden Goode
Long Jump	6.20 m	05/03/2016	Benjamin Ridley
Triple Jump	12.51 m	05/03/2006	Kale Davies
High Jump (flop)	1.78 m	21/01/2017	Jayden Goode
Discus 1kg	44.63 m	18/02/2006	Kale Davies
Shot Put 4kg	13.62 m	20/03/2021	Max Kenward
Javelin 700g	48.12 m	19/03/2016	Thomas Hams

Centre Records

Under 17 Boys

100m	11.5 sec	05/11/2006	Kale Davies
200m	24.0 sec	19/11/2016	Thomas Porteous-Hurst
400m	54.1 sec	17/11/2007	Cash Davies
800m	2 min 14.0 sec	04/11/2007	Cash Davies
		01/04/2008	Richard Frimpong
1500m	4 min 40.69 sec	24/03/2018	Jayden Goode
1500m walk	7 min 29.0 sec	17/11/2017	Jayden Goode
110m Hurdles* (76cm)	21.10 sec	27/02/2021	Alastair Thorpe
300m Hurdles (76cm)	43.86 sec	24/03/2018	Jayden Goode
Long Jump	6.32 m	18/03/2017	Benjamin Ridley
Triple Jump	12.89 m	19/03/2017	Benjamin Ridley
High Jump (flop)	1.77 m	17/03/2018	Jayden Goode
Discus 1.5kg	37.35 m	20/01/2017	Tom Hams
Shot Put 5kg	12.60 m	24/03/2018	Christian Thiry
Javelin 700g	48.99 m	24/03/2018	Christian Thiry

* Event specifications changed at the beginning of the 2020/21 season