



# **Northern Region Organising Council invite you to attend the annual Regional Games.**

**Host: Northern Districts LAC**  
**Venue: Bridgestone Athletics Centre**  
**Frost Rd Salisbury**  
**When: Friday 5<sup>th</sup> November 2021**  
**Time: 5.30pm warm up for a 6pm start**

At this meet athletes will have the opportunity to compete against athletes from the other Northern Metro centres.

There is no entry fee, however registration is required and all attending athletes will receive a certificate of participation.

All athletes must be registered with their home club and are required to be in full uniform.

Add your Athlete's details to the [google doc](#) no later than 29<sup>th</sup> October.

---