

Little Athletics South Australia

2018 Race Walking Season



PROGRAM

All meets and the Championship will be hosted by the South Australian Race Walkers Club (SARWC) and will be held in the Adelaide Parklands at the Adelaide Hockey Club rooms, corner of Greenhill Rd and Peacock Rd, Unley SA 5061.

Meet 1 Saturday 12th May 2018

Meet 2 Saturday 26th May 2018

Meet 3 Saturday 16th June 2018

Meet 4 Saturday 30th June 2018

**State Race
Walking
Championship**

Saturday 14th July 2018

PROGRAMME OF EVENTS

| | | |
|------------|------------------------|-----------------|
| 12.30 p.m. | U/9-U/11 Boys & Girls | 1000m |
| 12.45 p.m. | U/6-U/8 Boys & Girls | 500m "Fun Walk" |
| 12.50 p.m. | U/12-U/17 Boys & Girls | 2000m |



Proudly supported by the
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INFORMATION & REQUIREMENTS FOR ALL RACE WALKING MEETS

1. Copy of the rules are available from the SALAA website.
2. Only registered Little Athletes are permitted to participate in age group events. Additionally, athletes do not need to be a member of the South Australian Race Walkers Club to compete.
3. Athletes must compete in their own age group.
4. Correct Centre Uniform MUST be worn at all meets.
5. There is a \$2.00 entry fee for all meets and a \$10.00 entry fee for the Championship event.
6. FOOTWEAR is compulsory - spikes are not permitted.
7. Competitors must report to the starting line 10 minutes prior to the advertised starting time for their event.
8. All competitors will receive a certificate showing their performance.
9. Competition will continue regardless of the weather, unless it is extremely severe and dangerous. If a cancellation is to occur, notification will be provided the day before.
10. To be eligible for the State Race Walking Championships, athletes must compete in at least two meets during the season.
11. No pacing of competing athletes permitted.
12. On arrival at the Race Walking meets, please check the Notice Board for information regarding the course and other information.
13. There will be Canteen Facilities available at the Race Walking venue.
14. An event will be conducted for Under 6, 7 and 8 Boys and Girls, however it will not be a Championship Event and medals or trophies will not be presented.
15. Centre members, parents or general volunteers can use the race walking season program as an education opportunity to learn how to judge race walking. Experienced judges will teach how to officiate the event and act as mentors to help improve overall knowledge and understanding.



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