

THE SOUTH AUSTRALIAN LITTLE ATHLETICS ASSOCIATION INC.

'be active' PERSONAL DAY 2011/2012
SANTOS STADIUM - Mile End
Sunday 22nd January, 2012

3 Event Specific Rules

3.1 Specified Dates

Nominations Close: **Not applicable**
Registration Cut Off: **13th January 2012**

3.2 General Information

1. The rules of this event are specified in the following pages, and should be read in conjunction with the General Rules of Competition.
2. Officials at each event will be made up of parents and friends of Little Athletes. Chief Officials of the Association may be present, but their role is not to run the event but to be available in an **advisory capacity**.

3.3 Eligibility

1. To be able to enter this competition, athletes must be registered with the association by the registration cut off date.

3.4 Nominations

No nominations are required for this meeting.

3.5 Events Provided

1. Events will be provided for Under 6 to Under 17 age groups. Most standard events are provided with time slots specified for each age group.
2. Athletes may choose their own events but the number of events they can take part in is restricted.
3. For U6 to U10 age groups, a maximum of 5 events is allowed, of which no more than 3 can be field events, and no more than 3 can be track events.
4. For U11 to U17 age groups a maximum of 6 events is allowed, of which no more than 3 can be field events, and no more than 3 can be track events.
5. Athletes should carefully select their events to space them out throughout the day and to ensure that clashes do not occur with the timetable. Athletes may attempt each event only once. If an athlete attempts the same event more than once, only the first attempt is to be recorded. Results will not be recorded for events an athlete attempts over the set maximum for their age group,
6. The onus is on the athletes to ensure that they attend events at the appropriate time and compete in their events.

3.6 Entry Fees

1. The Santos Stadium has been hired at considerable cost to the Association for this meeting.
2. There is no nomination fee for this event.

3.7 Centre Responsibilities

1. Promote this meeting at the Centre and ensure that athletes and parents are aware of this competition and the rules and conditions of entry.
2. Nominate a responsible **Officials Coordinator** for the competition who must be present for the duration of the meeting. This coordinator is to act as liaison for their Centre officials, and to ensure that the events that the Centre is responsible for are properly staffed. Note that a Team Manager is not required for this meeting.
3. Centres are allocated responsibility for specific events throughout the day. The Officials Coordinator for each Centre is responsible for ensuring that their allocated events are properly covered for the full duration of their allocated events.

4. Some of the smaller Centres, particularly the country ones, may not be allocated a specific responsibility. These Centres if they attend the meeting are required to assist at events that may be short of officials.
5. The Association will provide shade tents at the various events. Centres are to erect these shades and dismantle them at the end of competition. This ensures that athletes can remain in the shade while waiting to compete and assists your Association to promote our **Sun Smart** policy.

Please Remember...

- **This meeting is run by YOU the Centres.**
- **Organise your officials before the day.**
- **Your Centre is responsible for your allocated events ALL DAY.**
- **We are all here for the athletes.**
- **Without your strong support this meeting cannot proceed.**

3.8 Parent Responsibilities

Parents are to provide full support to the running of events including reporting to the specified marshalling and events on time and to personally arrange alternatives if unable to attend at the allocated time.

3.9 Marshalling

1. Athletes are to report directly to their events.
2. Parents acting as officials are to report directly to their events.

3.10 Special Competition Rules

1. Changes to the programs, rules or other conditions will be announced over the public address system. The onus is on competitors to be aware of any changes.
2. Athletes can start a field event any time within the timeslot allocated for their age group except that they cannot join if another age group is scheduled to use that same facility within the next 30 minutes.
3. An athlete may leave a field event to do a track event and then return to that field event.
4. Field events will cease 10 minutes before the next age group is due to enable the next group to commence on time.
5. Athletes may not join field events 30 minutes before the end of the day. Events that are in progress at this time will be run to completion.
6. **The only persons permitted to enter the competition area are those athletes involved in an event and others directly involved in officiating of an event or the meeting generally, except with the express approval of the Arena Manager.**

3.11 Practice Jumps and Throws

Practice jumps and throws will not be allowed.

3.12 Progression from Heats to Finals

Not applicable for this competition.

3.13 Scoring System

Not applicable for this competition.

3.14 Disputes

No protests will be accepted for this competition.

3.15 Recording and Awards

1. No medals or performance tickets will be provided for this competition.
2. Every competitor will have a performance certificate detailing results achieved in each event provided by their own Centre Recorder.

- All results will be centrally recorded and issued to centres following the event. Centres will be allocated a timeslot where they must provide a recorder in the recording area.

3.16 State Best Performances

State Best Performances (SBPs) are not able to be claimed during this competition.

3.17 Equipment

Responsibility for conducting events at this competition is with the Centres.

Centres must check that required equipment is present at their sites 30 minutes prior to the start of competition.

Centres are responsible for erecting the shade tent at their event site, and for taking it down at the end of the day.

Throws Events:	Implements, measuring tape, spike, and recording sheets.
Jumps:	Mat, rake, measuring tape, spike and recording sheets.
Starters:	Signal disc, guns, caps etc.
Timekeepers:	Stop watches (to be provided by Centres) and recording sheets.

Track 1 Events- Minimum Officials Requirement:

For distance events...Each allocated Centre is to supply 2 Timekeepers and one Scribe.

Fields are to be limited to 25 athletes.

Timing gates will be used for laned events. The allocated centre(s) is to provide recorders, finish marshals, starter and start marshals.

Track 2 Events- Minimum Officials Requirement:

Timing gates will be used for laned events. The allocated centre(s) is to provide recorders, finish marshals, starter and start marshals.

Shot Put /Discus Throws Events- Minimum Officials Requirement:

Each allocated Centre is to provide (at each of their sites) the following...

1 Judge/Measurer, 1 Recorder, 1 Spiker/Judge in sector, and one to return implements.

Javelin – Minimum Officials Requirement

Each allocated Centre to provide the following...

1 Judge/Measurer, 1 Recorder, 1 to pull tape through, 1 Spiker in sector, 2 sector judges/retrievers, 1 to carry Javelins back.

Jumps Events- Minimum Officials Requirement:

Each allocated Centre is to provide (at each of their sites) the following...

1 Judge/Measurer, 1 Recorder, and 1 Spiker/, 1 Raker.

High Jump Events- Minimum Officials Requirement:

Each allocated Centre is to provide (at each of their sites) the following...

1 Judge, 1 Recorder, and 1 at other end of cross bar.