

CENTRE HONOUR ROLL



2009/10 IGA State Relay Championships

GOLD MEDALISTS

Under 9 Boys	4x200m		
Lachlan Borg	Izaak Allard	Jayden Goode	James West
Mums	4x100m		
Cherie Rothery	Kerry Goode	Cheryl Borg	Gail Harrison

SILVER MEDALISTS

Under 14 girls	4x100m		
	4x400m		
Liana Wesselingh	Hayley Sayers	Madeline Pope	Naomi Dewing
Under 17 mixed	4x100m		
Aaron Dollman	Jessica Strawbridge	Nicholas Jones	Carly Martin

BRONZE MEDALISTS

Under 9 Boys	4x100m		
Lachlan Borg	Izaak Allard	Jayden Goode	Lachlan Ball
Under 17 Mixed	4x400m		
Aaron Dollman	Jessica Strawbridge	Nicholas Jones	Aime Lennon



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CENTRE HONOUR ROLL

2009/10 McDonalds Multi Event Championships

GOLD MEDALIST

Under 16 Girls Amie Blanden 4156 points

BRONZE MEDALISTS

Under 9 Boys Lachlan Borg 2661 points
Under 15 Boys Aaron Dollman 4717 points



Visit our website:

www.gglac.org.au

Email: committee@goldengrovelac.org.au

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2009/10 'be active' State Individual Championships

GOLD MEDALISTS

Under 9 Girls	Rebecca Magro	Long Jump
Under 14 Girls	Liana Wesselingh	Triple Jump
Under 15 Boys	Aaron Dollman	High Jump
Under 15 Girls	Carly Martin	90m Hurdles
	Carly Martin	Discus
Under 17 Girls	Jessica Strawbridge	Discus
	Jessica Strawbridge	100m
	Jessica Strawbridge	200m
	Jessica Strawbridge	400m

SILVER MEDALISTS

Under 9 Boys	Jayden Goode	700m Walk
Under 9 Girls	Rebecca Magro	200m
Under 14 Girls	Liana Wesselingh	Long Jump
Under 15 Boys	Aaron Dollman	100m Hurdles
	Aaron Dollman	200m Hurdles
Under 15 Girls	Carly Martin	Shot Put
Under 16 Boys	Joel Horskins	1500m
Under 17 Girls	Jessica Strawbridge	Shot Put

BRONZE MEDALISTS

Under 9 Girls	Rebecca Magro	100m
Under 14 Girls	Liana Wesselingh	Shot Put
Under 15 Boys	Aaron Dollman	Triple Jump
Under 15 Girls	Carly Martin	100m

2009/10 State Team Representation

Support is provided to State Team Representatives. Please apply in writing to the committee.

2009/10 McDonalds Cross Country Championships

Under 9 Boys	Izaak Allard	1500m (Silver)
Under 10 Boys	Connor Campbell	1500m (Bronze)



CENTRE HONOUR ROLL

2009/10 Centre Captains

Boys Centre Captain
Girls Centre Captain

Joel Horskins
Jessica Strawbridge

2009/10 Centre Champions

Senior Girls	Club Champion Runner Up	Jessica Strawbridge Carly Martin
Senior Boys	Club Champion Runner Up	Joel Horskins Nicholas Jones
Junior Girls	Club Champion Runner Up	Mikayla Schache Mackenzie Wegener
Junior Boys	Club Champion Runner Up	Morgan Evans Harrison Kostrezewa

2009/10 Centre Most Improved

Matthew Rothery

2009/10 Presidents Trophy

Conner Campbell



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