



Golden Grove Little Athletics Centre

CENTRE HONOUR ROLL

2008/09 IGA State Relay Championships

GOLD MEDALISTS

Under 17 Girls	4x100m		SBP
Jess Strawbridge	Laura Tucker	Lauren Ciappina	Ellen Mills
Under 14 Boys	Field Relay		
Aaron Dollman	Luke Tomlinson		
Under 15 Girls	Field Relay		
Amie Blanden	Zahlie Davies		

SILVER MEDALISTS

Under 16 Boys	4x100m		
Shannon Crothers	Luke Bambrick	Nicholas Jones	Jordan Portlock
Under 16 Boys	4x400m		
Shannon Crothers	Luke Bambrick	Nicholas Jones	Jordan Portlock
Under 17 Girls	4x400m		
Jessica Strawbridge	Laura Tucker	Lauren Ciappina	Ellen Mills

BRONZE MEDALISTS

Under 9 Boys	4x100m		
Brandon Browne	Connor Campbell	Benjamin Ridley	Bailey Allen
Under 9 Boys	4x200m		
Harrison Pope	Bailey Allen	Josh Spence	Connor Campbell
Under 11 Girls	4x200m		
Eryn Cobby	Stephanie Pope	Allannah Seekamp	Tayla Miller
Under 13 Girls	4x100m		
Imogen Hodgson	Naomi Dewing	Hayley Sayers	Liana Wesselingh
Under 13 Girls	4x400m		
Imogen Hodgson	Naomi Dewing	Hayley Sayers	Liana Wesselingh



Golden Grove Little Athletics Centre Inc

CENTRE HONOUR ROLL

2008/09 McDonalds Multi Event Championships

SILVER MEDALIST

Under 14 Girls	Carly Martin	6345 points
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BRONZE MEDALIST

Under 15 Girls	Amie Blanden	3907 points
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Visit our website:

www.gglac.org.au

Email: committee@goldengrovelac.org.au

CENTRE HONOUR ROLL

2008/09 'be active' State Individual Championships

GOLD MEDALISTS

Under 12 Boys	Billy Allotey	60m Hurdles
	Billy Allotey	Long Jump
	Billy Allotey	Triple Jump
Under 13 Girls	Liana Wesselingh	Triple Jump
Under 14 Boys	Aaron Dollman	High Jump
Under 15 Girls	Zahlie Davies	Discus
	Amie Blanden	Javelin
Under 16 Girls	Jessica Strawbridge	Discus
	Jessica Strawbridge	Shot Put
Under 17 Girls	Lauren Ciappina	100m
	Lauren Ciappina	Triple Jump
	Ellen Mills	200m
	Ellen Mills	400m
	Ellen Mills	800m

SILVER MEDALISTS

Under 9 Boys	Connor Campbell	800m
Under 9 Girls	Jessica Quinn	700m Walk
Under 12 Boys	Billy Allotey	100m
Under 13 Girls	Imogen Hodgson	High Jump
Under 14 Boys	Sam Russell	1500m
	Aaron Dollman	Discus
	Aaron Dollman	Shot Put
Under 14 Girls	Carly Martin	80m Hurdles
Under 15 Girls	Amie Blanden	Discus
	Amie Blanden	Long Jump
Under 16 Boys	Jordan Portlock	200m
Under 17 Girls	Ellen Mills	1500m Walk
	Lauren Ciappina	200m
	Lauren Ciappina	400m
	Lauren Ciappina	Long Jump



CENTRE HONOUR ROLL

2008/09 'be active' State Individual Championships

BRONZE MEDALISTS

Under 9 Girls	Rhylee Tonkin	Discus
	Rhylee Tonkin	Shot Put
	Breanna Davison	High Jump
Under 11 Girls	Stephanie Pope	1500m
Under 13 Girls	Hayley Sayers	100m
	Liana Wesselingh	Long Jump
Under 14 Boys	Aaron Dollman	90m Hurdles
Under 14 Girls	Amie Lennon	1500m Walk
Under 15 Girls	Amie Blanden	90m Hurdles
	Amie Blanden	High Jump
Under 16 Girls	Jenna Bambrick	1500m Walk
	Jessica Strawbridge	200m
	Jessica Strawbridge	400m

2008/09 McDonalds Cross Country Championships

Under 8 Boys	Jayden Goode	1000m (3 rd)
Under 9 Boys	Connor Campbell	1500m (Bronze)
Under 15 Boys	Shannon Crothers	3000m (Gold)

Pacific School Games Canberra 2008

Zahlie Davies	Amie Blanden	Aaron Dollman	Sam Russell	Billy Allotey
Silver Medal				Bronze
Discus				4x100 Relay

ASICS Australian Little Athletics Championships Adelaide 2008

Amie Blanden
U15 Multi Event Representative

Liana Wesselingh
U13 State Team Representative

2008/09 Centre Captains

Boys Centre Captain

Jordan Portlock

Girls Centre Captain

Ellen Mills

2008/09 Centre Champions

Senior Girls

Club Champion
Runner Up
Third Place

Jessica Strawbridge
Amie Blanden
Zahlie Davies

Senior Boys

Club Champion
Runner Up
Third Place

Jordan Portlock
Luke Bambrick
Dylan Maude

Junior Girls

Club Champion
Runner Up
Third Place

Naomi Allotey
Becky Magro
Jessica Mills

Junior Boys

Club Champion
Runner Up
Third Place

Jayden Goode
Jordan Haffner
Treigh Maschotta

2008/09 Centre Most Improved

Tayla Miller

